## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

WASHINGTON, D.C. 20549

# FORM 8-K

#### **CURRENT REPORT**

Pursuant to Section 13 or 15(d) of the Securities Exchange Act of 1934

Date of Report (Date of earliest event reported): October 25, 2023

## UNIVERSAL HEALTH REALTY INCOME TRUST (Exact name of Registrant as Specified in Its Charter)

Maryland 1-9321 23-6858580
(State or Other Jurisdiction (IRS Employer of Incorporation) (Commission File Number) Identification No.)

Universal Corporate Center 367 South Gulph Road King of Prussia, Pennsylvania (Address of Principal Executive Offices)

19406 (Zip Code)

Registrant's Telephone Number, Including Area Code: (610) 265-0688

Not Applicable (Former Name or Former Address, if Changed Since Last Report)

Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions (see General Instructions A.2. below):								
	Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)							
	Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)							
	Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))							
	□ Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))							
	neck mark whether the registrant is an emerg ule 12b-2 of the Securities Exchange Act of		Rule 405 of the Securities Act of 1933 (§ 230.405 of this					
Securities reg	istered pursuant to Section 12(b) of the Act	:						
	Title of each class	Trading Symbol(s)	Name of each exchange on which registered					
Shares of	beneficial interest, \$0.01 par value	UHT	New York Stock Exchange					
Emerging growth company $\square$								
If an emerging growth company, indicate by check mark if the registrant has elected not to use the extended transition period for complying with any new or revised financial accounting standards provided pursuant to Section 13(a) of the Exchange Act. $\square$								

#### Item 2.02 Results of Operations and Financial Condition.

On October 25, 2023, the Trust made its third quarter, 2023 earnings release. A copy of the Trust's press release is furnished as exhibit 99.1 to this Form 8-K and is incorporated herein by reference.

#### Item 9.01 Financial Statements and Exhibits.

(d) Exhibits.

Exhibit Number	Description
99.1	Press release dated October 25, 2023.
104	Cover Page Interactive Data File (embedded within the Inline XBRL document).

### **Exhibit Index**

Exhibit Number	Description
99.1	Press release dated October 25, 2023.
104	Cover Page Interactive Data File (embedded within the Inline XBRL document).

#### **SIGNATURES**

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned thereunto duly authorized.

#### UNIVERSAL HEALTH REALTY INCOME TRUST

Date: October 25, 2023 By: /s/ Charles F. Boyle

Name: Charles F. Boyle

Title: Senior Vice President and Chief Financial Officer

#### UNIVERSAL HEALTH REALTY INCOME TRUST

Universal Corporate Center 367 S. Gulph Road P.O. Box 61558 King of Prussia, PA 19406 (610) 265-0688

FOR IMMEDIATE RELEASE

**CONTACT:** Charles Boyle

**Chief Financial Officer** 

(610) 768-3300

October 25, 2023

### UNIVERSAL HEALTH REALTY INCOME TRUST REPORTS 2023 THIRD QUARTER FINANCIAL RESULTS

Consolidated Results of Operations - Three-Month Periods Ended September 30, 2023 and 2022:

KING OF PRUSSIA, PA - Universal Health Realty Income Trust (NYSE:UHT) announced today that for the three-month period ended September 30, 2023, net income was \$3.9 million, or \$.28 per diluted share, as compared to \$4.8 million, or \$.35 per diluted share, during the third quarter of 2022.

The decrease in our net income of \$976,000, or \$.07 per diluted share, during the third quarter of 2023, as compared to the comparable quarter of 2022, consisted of the following: (i) a decrease of \$1.6 million, or \$.12 per diluted share, resulting from an increase in interest expense due to increases in our average borrowing rate and average outstanding borrowings, partially offset by; (ii) an increase of \$672,000, or \$.05 per diluted share, resulting from an aggregate net increase in the income generated at various properties.

As calculated on the attached Schedule of Non-GAAP Supplemental Information ("Supplemental Schedule"), our funds from operations ("FFO") were \$11.2 million, or \$.81 per diluted share, during the third quarter of 2023, as compared to \$11.8 million, or \$.86 per diluted share during the third quarter of 2022. The decrease of \$608,000, or \$.05 per diluted share, was due primarily to the above-mentioned decrease in our net income during the third quarter of 2023, as compared to the third quarter of 2022, partially offset by an increase in depreciation and amortization expense.

#### Consolidated Results of Operations - Nine-Month Periods Ended September 30, 2023 and 2022:

For the nine-month period ended September 30, 2023, net income was \$11.8 million, or \$0.85 per diluted share, as compared to \$15.5 million, or \$1.12 per diluted share during the first nine months of 2022.

The decrease in our net income of \$3.7 million, or \$.27 per diluted share, during the first nine months of 2023, as compared to the comparable period of 2022, was primarily due to: (i) a decrease of \$4.9 million, or \$.36 per diluted share, resulting from an increase in interest expense due to increases in our average borrowing rate and average outstanding borrowings; (ii) a decrease of \$1.1 million, or \$.08 per diluted share, from demolition expenses incurred during the first nine months of 2023 related to a property located in Chicago, Illinois, partially offset by; (iii) a net increase of \$2.4 million, or \$.17 per diluted share, resulting from an aggregate net increase in the income generated at various properties, including a reduction of \$686,000, or \$.05 per diluted share, in the non-demolition related operating expenses incurred in connection with the property located in Chicago.

As calculated on the attached Supplemental Schedule, our FFO were \$33.2 million, or \$2.40 per diluted share, during the first nine months of 2023, as compared to \$36.4 million, or \$2.64 per diluted share during the comparable period of 2022. The decrease of \$3.2 million, or \$.24 per diluted share, was due primarily to the above-mentioned decrease in our net income during the first nine months of 2023, as compared to the first nine months of 2022, partially offset by an increase in depreciation and amortization expense.

#### **Dividend Information:**

The third quarter dividend of \$.72 per share, or \$9.9 million in the aggregate, was declared on September 6, 2023 and paid on September 29, 2023.

#### **Capital Resources Information:**

At September 30, 2023, we had \$321.5 million of borrowings outstanding pursuant to the terms of our \$375 million revolving credit agreement and \$50.4 million of available borrowing capacity as of that date, net of outstanding borrowings and letters of credit.

#### **Property Acquisition:**

In August, 2023, we acquired the McAllen Doctor's Center, a medical office building ("MOB") located in McAllen, Texas for a purchase price of approximately \$7.5 million. The building has approximately 79,500 rentable square feet and is 100% master leased to McAllen Hospitals, L.P, a wholly-owned subsidiary of UHS. The triple-net master lease is for twelve years and is scheduled to expire on August 31, 2035. McAllen Hospitals, L.P. has the option to renew the lease term for three consecutive ten-year terms. The initial annual base rent is approximately \$624,000. This acquisition was completed utilizing a qualified third-party intermediary as part of an anticipated tax-deferred like-kind-exchange transaction pursuant to Section 1031 of the Internal Revenue Code, as amended.

#### New Construction Project - Sierra Medical Plaza I:

In March, 2023, construction was substantially completed on the Sierra Medical Plaza I, an 86,000 square foot MOB located in Reno, Nevada. This MOB is located on the campus of the Northern Nevada Sierra Medical Center, a hospital that is owned and operated by a wholly-owned subsidiary of UHS, which was completed and opened during April, 2022. The master flex lease agreement in connection with this building, which commenced in March, 2023 and has a ten-year term scheduled to expire on March 31, 2033, covers approximately 68% of the rentable square feet of the MOB at an initial minimum rent of \$1.3 million annually, plus a pro-rata share of the common area maintenance expenses. This master flex lease agreement is subject to reduction based upon the execution of third-party leases. The aggregate cost of the MOB is estimated to be approximately \$35 million, approximately \$26 million of which was incurred as of September 30, 2023.

#### **Vacant Specialty Facilities:**

Demolition of the former specialty hospital located in Chicago, Illinois, has been substantially completed. Demolition costs were approximately \$1.5 million in the aggregate, nearly all of which was incurred as of June 30, 2023. These demolition costs were included in other operating expenses in our consolidated statements of income during the following periods: \$332,000 during the fourth quarter of 2022, \$265,000 during the first quarter of 2023 and \$862,000 during the second quarter of 2023.

Including the above-mentioned demolition costs incurred during the nine-months ended September 30, 2023, the operating expenses incurred by us in connection with the property located in Chicago, Illinois, were \$129,000 and \$1.5 million during the three and nine-months ended September 30, 2023, respectively, (or \$129,000 and \$401,000 during the three and nine-months ended September 30, 2023,

respectively, excluding the demolition costs) as compared to \$240,000 and \$1.1 million during the three and nine-month periods ended September 30, 2022, respectively.

In addition, the aggregate operating expenses for the two vacant specialty facilities located in Evansville, Indiana, and Corpus Christi, Texas, were approximately \$183,000 and \$167,000 during the three-month periods ended September 30, 2023 and 2022, respectively, and approximately \$572,000 and \$540,000 during the nine-month periods ended September 30, 2023 and 2022, respectively.

We continue to market the three above-mentioned properties to third parties. Future operating expenses related to these properties, which are estimated to be approximately \$1.3 million in the aggregate during the full year of 2023 (excluding the demolition costs incurred in connection with the property in Chicago, Illinois), will be incurred by us during the time they remain owned and unleased. Should these properties continue to remain owned and unleased for an extended period of time, or should we incur substantial renovation or additional demolition costs to make the properties suitable for other operators/tenants/buyers, our future results of operations could be materially unfavorably impacted.

#### General Information, Forward-Looking Statements and Risk Factors and Non-GAAP Financial Measures:

Universal Health Realty Income Trust, a real estate investment trust, invests in healthcare and human-service related facilities including acute care hospitals, behavioral health care hospitals, specialty facilities, medical/office buildings, free-standing emergency departments and childcare centers. We have investments or commitments in seventy-seven properties located in twenty-one states.

This press release contains forward-looking statements based on current management expectations. Numerous factors, including those disclosed herein, as well as the operations and financial results of each of our tenants, those related to healthcare industry trends and those detailed in our filings with the Securities and Exchange Commission (as set forth in *Item 1A-Risk Factors* and in *Item 7- Forward-Looking Statements* in our Form 10-K for the year ended December 31, 2022 and in *Item 7-Forward-Looking Statements and Certain Risk Factors* in our Form 10-Q for the quarter ended June 30, 2023), may cause the results to differ materially from those anticipated in the forward-looking statements. Readers should not place undue reliance on such forward-looking statements which reflect management's view only as of the date hereof. We undertake no obligation to revise or update any forward-looking statements, or to make any other forward-looking statements, whether as a result of new information, future events or otherwise.

Many of the factors that could affect our future results are beyond our control or ability to predict, including the impact of the COVID-19 pandemic. Future operations and financial results of our tenants, and in turn ours, could be materially impacted by various developments including, but not limited to, decreases in staffing availability and related increases to wage expense experienced by our tenants resulting from the nationwide shortage of nurses and other clinical staff and support personnel, the impact of government and administrative regulation of the health care industry; declining patient volumes and unfavorable changes in payer mix caused by deteriorating macroeconomic conditions (including increases in uninsured and underinsured patients as the result of business closings and layoffs); potential disruptions related to supplies required for our tenants' employees and patients; and potential increases to other expenditures.

In addition, the increase in interest rates has substantially increased our borrowings costs and reduced our ability to access the capital markets on favorable terms. Additional increases in interest rates could have a significant unfavorable impact on our future results of operations and the resulting effect on the capital markets could adversely affect our ability to carry out our strategy.

We believe that, if and when applicable, adjusted net income and adjusted net income per diluted share (as reflected on the Supplemental Schedule), which are non-GAAP financial measures ("GAAP" is Generally Accepted Accounting Principles in the United States of America), are helpful to our investors as measures of our operating performance. In addition, we believe that, when applicable, comparing and discussing our financial results based on these measures, as calculated, is helpful to our investors since it neutralizes the effect in each year of material items that are non-recurring or non-operational in nature including items such as, but not limited to, gains on transactions.

Funds from operations ("FFO") is a widely recognized measure of performance for Real Estate Investment Trusts ("REITs"). We believe that FFO and FFO per diluted share, which are non-GAAP financial measures, are helpful to our investors as measures of our operating performance. We compute FFO, as reflected on the attached Supplemental Schedules, in accordance with standards established by the National Association of Real Estate Investment Trusts ("NAREIT"), which may not be comparable to FFO reported by other REITs that do not compute FFO in accordance with the NAREIT definition, or that interpret the NAREIT definition differently than we interpret the definition. FFO adjusts for the effects of certain items, such as gains on transactions that occurred during the periods presented. FFO does not represent cash generated from operating activities in accordance with GAAP and should not be considered to be an alternative to net income determined in accordance with GAAP. In addition, FFO should not be used as: (i) an indication of our financial performance determined in accordance with GAAP; (ii) an alternative to cash flow from operating activities determined in accordance with GAAP; (iii) a measure of our liquidity, or; (iv) an indicator of funds available for our cash needs, including our ability to make cash distributions to shareholders. A reconciliation of our reported net income to FFO is reflected on the Supplemental Schedules included below.

To obtain a complete understanding of our financial performance these measures should be examined in connection with net income, determined in accordance with GAAP, as presented in the condensed consolidated financial statements and notes thereto in this report or in our other filings with the Securities and Exchange Commission including our Report on Form 10-K for the year ended December 31, 2022 and our Report on Form 10-Q for the quarter ended June 30, 2023. Since the items included or excluded from these measures are significant components in understanding and assessing financial performance under GAAP, these measures should not be considered to be alternatives to net income as a measure of our operating performance or profitability. Since these measures, as presented, are not determined in accordance with GAAP and are thus susceptible to varying calculations, they may not be comparable to other similarly titled measures of other companies. Investors are encouraged to use GAAP measures when evaluating our financial performance.

(more)

#### **Universal Health Realty Income Trust**

Consolidated Statements of Income
For the Three and Nine Months Ended September 30, 2023 and 2022
(amounts in thousands, except share information)
(unaudited)

	Three Months Ended September 30,			Nine Months Ended September 30,			
	2023		2022	2023			2022
Revenues:							
Lease revenue - UHS facilities (a.)	\$ 8,274	\$	7,471	\$	24,297	\$	22,291
Lease revenue - Non-related parties	13,926		12,836		40,955		38,664
Other revenue - UHS facilities	254		255		730		717
Other revenue - Non-related parties	404		221		1,177		718
Interest income on financing leases - UHS facilities	1,365		1,368		4,096		4,107
	 24,223		22,151		71,255		66,497
Expenses:							
Depreciation and amortization	7,012		6,658		20,479		20,046
Advisory fees to UHS	1,332		1,297		3,957		3,787
Other operating expenses	7,854		6,875		23,625		20,728
	 16,198		14,830		48,061		44,561
Income before equity in income of unconsolidated limited liability							
companies ("LLCs") and interest expense	8,025		7,321		23,194		21,936
Equity in income of unconsolidated LLCs	314		346		953		943
Interest expense, net	 (4,467)		(2,819)		(12,340)		(7,408)
Net income	\$ 3,872	\$	4,848	\$	11,807	\$	15,471
Basic earnings per share	\$ 0.28	\$	0.35	\$	0.86	\$	1.12
Diluted earnings per share	\$ 0.28	\$	0.35	\$	0.85	\$	1.12
Weighted average number of shares outstanding - Basic	 13,790		13,776		13,784		13,769
Weighted average number of shares outstanding - Diluted	13,822		13,801		13,811		13,792

<sup>(</sup>a.) Includes bonus rental on McAllen Medical Center, a UHS acute care hospital facility of \$725 and \$727 for the three-month periods ended September 30, 2023 and 2022, respectively, and \$2,219 and \$2,048 for the nine-month periods ended September 30, 2023 and 2022, respectively.

Universal Health Realty Income Trust
Schedule of Non-GAAP Supplemental Information ("Supplemental Schedule")
For the Three Months Ended September 30, 2023 and 2022 (amounts in thousands, except share information) (unaudited)

### **Calculation of Adjusted Net Income**

	Three Months Ended September 30, 2023			Three Months Ended September 30, 2022			
	 Amount	Dilu	Per ted Share		Amount	Dilu	Per ted Share
Net income	\$ 3,872	\$	0.28	\$	4,848	\$	0.35
Adjustments	-		-		-		-
Subtotal adjustments to net income	-		-		-		-
Adjusted net income	\$ 3,872	\$	0.28	\$	4,848	\$	0.35

#### Calculation of Funds From Operations ("FFO")

		Three Months Ended September 30, 2023			Three Months Ended September 30, 2022			
	A	Amount	Dilu	Per ted Share		Amount	Dilu	Per ted Share
Net income	\$	3,872	\$	0.28	\$	4,848	\$	0.35
Plus: Depreciation and amortization expense:								
Consolidated investments		7,012		0.51		6,658		0.49
Unconsolidated affiliates		309		0.02		295		0.02
FFO	\$	11,193	\$	0.81	\$	11,801	\$	0.86
Dividend paid per share			\$	0.720			\$	0.710

Universal Health Realty Income Trust
Schedule of Non-GAAP Supplemental Information ("Supplemental Schedule")
For the Nine Months Ended September 30, 2023 and 2022 (amounts in thousands, except share information) (unaudited)

#### **Calculation of Adjusted Net Income**

	Nine Months Ended September 30, 2023			Nine Months Ended September 30, 2022			
	 Amount	Dilu	Per ted Share		Amount	Dilu	Per ed Share
Net income	\$ 11,807	\$	0.85	\$	15,471	\$	1.12
Adjustments	-		-		-		-
Subtotal adjustments to net income	-		-		-		-
Adjusted net income	\$ 11,807	\$	0.85	\$	15,471	\$	1.12

### Calculation of Funds From Operations ("FFO")

	Nine Months Ended September 30, 2023			Nine Months Ended September 30, 2022			
	Amount	Dilu	Per ted Share		Amount	Dilu	Per ted Share
Net income	\$ 11,807	\$	0.85	\$	15,471	\$	1.12
Plus: Depreciation and amortization expense:							
Consolidated investments	20,479		1.48		20,046		1.46
Unconsolidated affiliates	900		0.07		885		0.06
FFO	\$ 33,186	\$	2.40	\$	36,402	\$	2.64
Dividend paid per share	 	\$	2.155			\$	2.125

#### **Universal Health Realty Income Trust**

Consolidated Balance Sheets (amounts in thousands, except share information) (unaudited)

	Se	September 30, 2023		ecember 31, 2022
Assets:		2023		2022
Real Estate Investments:				
Buildings and improvements and construction in progress	\$	650,670	\$	641,338
Accumulated depreciation		(258,584)		(248,772)
		392,086		392,566
Land		57,975		56,631
Net Real Estate Investments		450,061		449,197
Financing receivable from UHS		83,362		83,603
Net Real Estate Investments and Financing receivable		533,423		532,800
Investments in and advances to limited liability companies ("LLCs")		9,329		9,282
Other Assets:		,		
Cash and cash equivalents		8,359		7,614
Lease and other receivables from UHS		6,033		5,388
Lease receivable - other		8,541		8,445
Intangible assets (net of accumulated amortization of \$12.6 million and				
\$15.4 million, respectively)		9,650		9,447
Right-of-use land assets, net		10,952		11,457
Deferred charges and other assets, net		21,596		23,107
Total Assets	\$	607,883	\$	607,540
<u>Liabilities:</u>				
Line of credit borrowings	\$	321,500	\$	298,100
Mortgage notes payable, non-recourse to us, net		39,319		44,725
Accrued interest		330		373
Accrued expenses and other liabilities		13,808		12,873
Ground lease liabilities, net		10,952		11,457
Tenant reserves, deposits and deferred and prepaid rents		11,666		10,911
Total Liabilities		397,575		378,439
Equity:				
Preferred shares of beneficial interest, \$.01 par value; 5,000,000 shares authorized; none issued and outstanding		-		_
Common shares, \$.01 par value; 95,000,000 shares authorized; issued and outstanding: 2023 - 13,823,046; 2022 - 13,803,335		138		138
Capital in excess of par value		270,166		269,472
Cumulative net income		822,468		810,661
Cumulative dividends		(892,954)		(863,181)
Accumulated other comprehensive income		10,490		12,011
Total Equity		210,308		229,101
Total Liabilities and Equity	<u> </u>	607.883	\$	607,540
Total Elabilities and Equity	Φ	007,003	Ψ	007,540